













- International Charter for Walking
- International Standard for Measuring Walking
- Making Walking Count Project
- Global Walking Network
- XVIII International Walk21 Conference on Walking and Liveable Communities
   Calgary Canada 20-22 Sep 2016

www.walk21.com











# Walking



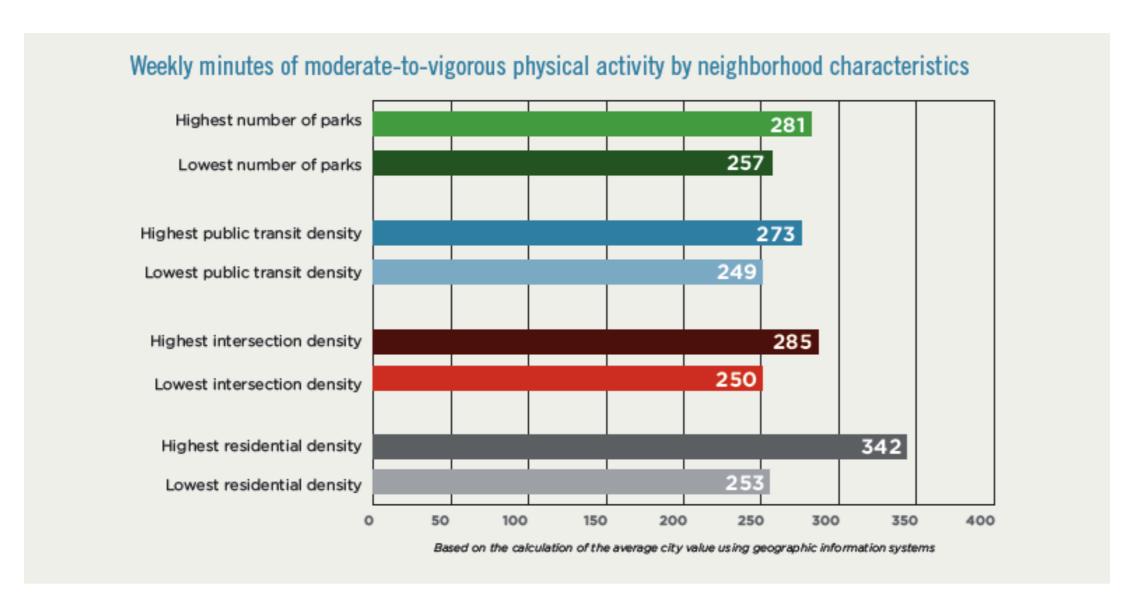


not just a transport mode, a mode of living



## Physical Activity in Urban Areas

#### Evidence from International Study Highlights Need for More Walkable Neighborhoods



Sallis J, Cerin E, Conway T, Adams M, Frank L, Pratt M, Salvo D, Schipperijn J, Smith G, Cain K, Davey R, Kerr J, Lai P, Mitáš J, Reis R, Sarmiento O, Schofield G, Troelsen J, Van Dyck D, De Bourdeaudhuij I, and Owen N. Physical activity in relation to urban environments in 14 cities worldwide: a cross-sectional study. *The Lancet*. April 2016





but this is not a walkable city



















Enable Invite Encourage





MTR Hong Kong and Stockholm

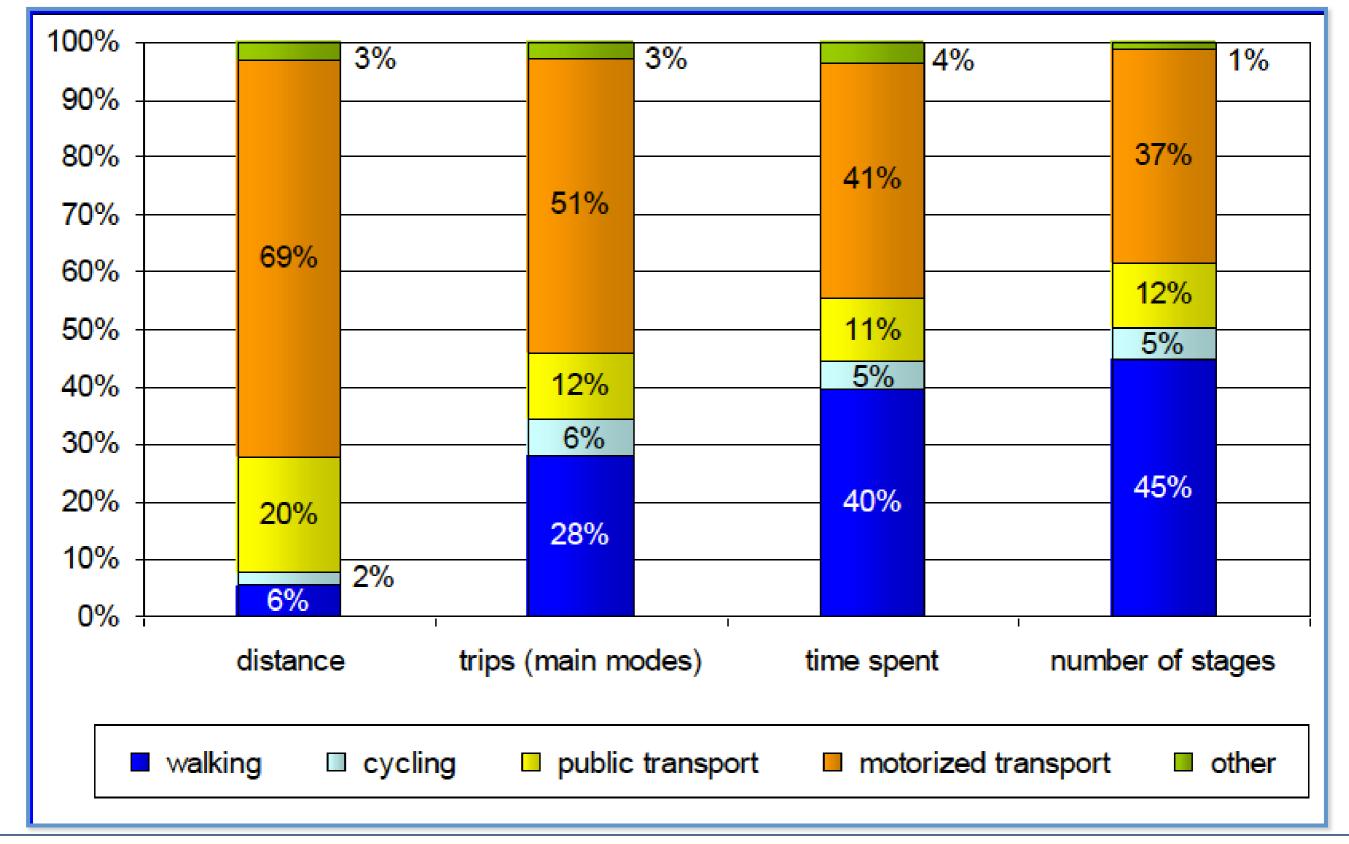
building in: connectivity, permeability, safety





Walking needs data



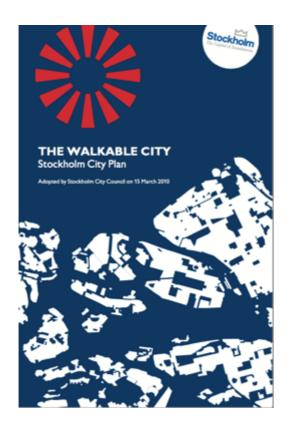




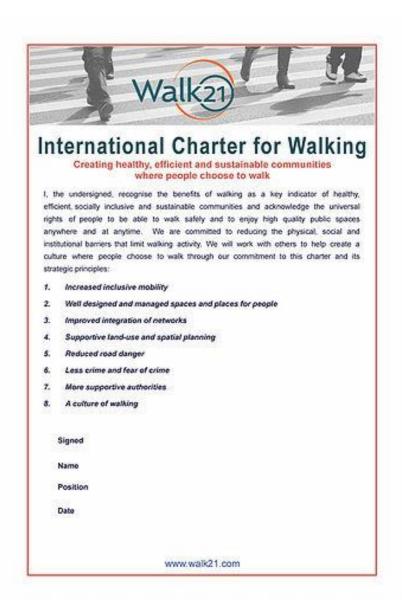


### City Initiatives

- Sign the International Charter for Walking
- Prepare a City Walking Plan











# Thank you!

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